

Stalking Victims News

Feel Safe Again, Inc... "Be Strong, Be Safe and Be Heard!" ...Vol.3, Issue 1 – Jan 2006

Dear Friend,

Happy New Year and Welcome to your next issue of "Stalking Victims News!" As always...I hope this newsletter finds you all well.

As always...I hope this newsletter finds you all well. This is a bi-monthly newsletter, with the most current and up-to-date information about stalking and the effects it has on victims.

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**Remember...January is National Stalking Awareness Month!!!**  
**Please support victims of stalking by wearing a silver awareness ribbon.**  
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In This Issue...

- "REFLECTIONS OF A LIFE WITH FREEDOM AND PEACE"
- Press Release...January 1, 2006
- Be AWARE of your self-defense options! by Lyn Bates, Vice President, AWARE
- Domestic Stalking vs. Stranger Stalking by Michael Scott
- Inspirational Thoughts
- Note From The Founder...

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**"REFLECTIONS OF A LIFE WITH FREEDOM AND PEACE"**  
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Feel Safe Again, Inc. was officially established and publicly announced January 2004. We are a 501(c)(3) tax-exempt non-profit organization for Victims of Stalking.

Our goal is to provide information and support group services to victims and survivors of stalking. Our hope is that no other victim has to live their life in fear. We want to help you "Feel Safe Again" by teaching you how to be safe again. Together we CAN make a difference!

If you are interested in online support, click on the link below to our website. You can join our support group at VictimsofStalking@yahoo.com.

Copy and paste link below to our website...

www.feelsafeagain.org

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**Press Release...January 1, 2006**  
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Feel Safe Again, Inc. would like to remind everyone that January is National Stalking Awareness Month. "We are launching our "End This Silent Fear" campaign once again this year, in order to educate the public about this serious crime of fear", said Cheryl Darisse, founder and president. Stalking, a widely under reported crime, is a pattern of unwanted attention and behavior.

The National Center for Victims of Crime states, "Stalking is real, it's dangerous, it can be lethal and it's a crime." Sandra Berfield, Darisse's sister, was a victim of stalking for two years, before being murdered by a package bomb, which was hand-delivered to her Everett, Mass. home by her stalker on January 20, 2000. "Our goal is to not only educate the public, but more importantly, to help victims become survivors, ultimately saving other lives", said Darisse.

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**Be AWARE of your self-defense options! by Lyn Bates, Vice President, AWARE**  
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All women live with a certain level of risk of violent crime. Statistics show that a woman 21 years old has a 1 in 4 chance of experiencing a violent crime in her lifetime. Clearly, every women needs to know some general techniques about how to reduce her risk ("stay alert") and how to respond if something bad happens ("fight back").

Copy and paste link below...

<http://www.aware.org/beaware.shtml>

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**Domestic Stalking vs. Stranger Stalking by Michael Scott**  
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One of the differences between domestic stalking and stalking by strangers, is the access the stalker has to personal information.

Domestic Stalkers know all the habits of there victims and often have immediate access to personal information with little or no effort because of this past relationship. Strangers who stalk must work and pry for information by getting it from the victim during the early stages or contacting those who are part of this persons circle in life.

Copy and paste link below to continue article...

<http://members.aol.com/proloser/question.html>

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**Inspirational Thoughts**  
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"If you become a victim...don't allow the traumatic experience to further victimize you; you can shape your attitude to give you the courage to get back up again." ~*Author Unknown*

"We truly believe knowledge is power...therefore, prevention is our ultimate goal."

Remember...**YOU'RE NOT ALONE!** ~*Cheryl*

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**Note From The Founder...**  
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We are extremely excited to announce...we have recently received our 501(c)(3) tax-exemption status from the IRS!!!

Please consider making a donation, or asking your family, friends, and employer to help victims become survivors. Thank you!

Copy and paste link below to our website...

<http://www.feelsafeagain.org/News.html>

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